

# Say It Better:

## Academic Vocabulary

### GOOD

▼ try these instead

- Beneficial
- Constructive
- Effective
- Productive
- Valuable
- Positive
- Advantageous
- Significant
- Favorable

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- *Exercise is \_\_\_\_\_ for brain health.*
  - *Her advice was \_\_\_\_\_ and timely.*
  - *Reading has a \_\_\_\_\_ effect on writing.*

### BAD

▼ try these instead

- Harmful
- Problematic
- Detrimental
- Counterproductive
- Damaging
- Unfavorable
- Adverse
- Negative
- Destructive

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- *Too much sugar is \_\_\_\_\_ to health.*
  - *Pollution has \_\_\_\_\_ effects on wildlife.*
  - *Poor sleep is \_\_\_\_\_ to concentration.*

### SHOW

▼ try these instead

- Demonstrates
- Highlights
- Illustrates
- Supports
- Indicates
- Reflects
- Reveals
- Proves
- Suggests

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- *The graph \_\_\_\_\_ a rise in temperatures.*
  - *This example \_\_\_\_\_ the author's point.*
  - *The data \_\_\_\_\_ a clear pattern.*

### IMPORTANT

▼ try these instead

- Significant
- Vital
- Essential
- Noteworthy
- Crucial
- Substantial
- Critical
- Key
- Fundamental

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- *Citing sources is \_\_\_\_\_ in essays.*
  - *Sleep plays a \_\_\_\_\_ role in focus.*
  - *This is a \_\_\_\_\_ argument to consider.*